



£1.00

Free for Friends of York Rally



Organised with the generous assistance of:

















Welcome to the York Rally 2017



Contact numbers

York Rally mobile: 07467 321 443

This number will be manned 24 hours throughout the Rally. For all non-emergency enquiries.

First Aid & Emergency: 07596 831 541

On-site emergency number, manned 24 hours throughout the Rally.

Email: info@yorkrally.org

Website: www.yorkrally.org

York Rally 2018

The provisional dates for the next York Rally are:

23th - 24th June 2018

Unfortunately, until York Racecourse have finalised their calendar later this year, this remains subject to final confirmation. Please watch the website: www.yorkrally.org for any updates.

Cover image: The winning entry in our 2016 photo competition, from U16 entrant Sammy Wolstenholme.

Below: Some of the York Rally Committee at a meeting in September 2014. Our meetings are open to all and everyone is welcome! See the website or contact us for details of upcoming meetings.



We're delighted to welcome you to the 2017 York Rally!

As most of you will know, the Rally was revived from scratch in 2015, after a few years away, by an independent all-volunteer committee of cyclists, with the help of the "Friends of York Rally" supporters club, and with huge goodwill from the cycling community.

Now our hard-working team are staging a third Rally, and also hosting a National Championship! We're delighted to welcome young racers and their dedicated supporters for the British Schools Cycling Association Grasstrack Championships, on Saturday. They'll join the Yorkshire Cyclo-Cross Association (on Sunday) and many other grassroots cycling organisations who come to the Rally with their rides, racing, displays and talks, and who are all an essential part of this great gathering of cyclists along with all of our traders, caterers and contractors.

The work involved in staging the Rally is considerable, so we do rely on you volunteering, and supporting us, to continue to make it happen. So please come forwards and volunteer at Rally HQ - and join the organising team if you can! We'd particularly love to hear from anyone with fundraising experience. We make sure the Rally pays its way, but some extra help would make everything easier.

Finally, thank you again for attending the Rally. This is a grass-roots, community event so please do take full part and help us make it the best it can be. We wish you a safe, enjoyable event and happy cycling before, during and after.

Gerry Boswell Chairman **York Rally Committee**

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Info and what's on: Friday

General Info

RIDES

AUCTION

RALLY HQ Visit Rally HQ (see map, page 9) to volunteer, with any gueries or problems, to buy Rally clothing & badges, and to find out about rides, talks and more. Opening hours: Friday: 4 to 10 pm. Saturday: 9 am to 6 pm. Sunday: 9 am to 4 pm.

All rides are free of charge unless otherwise stated, and you can just turn up to join. Departure points are located along the fencing by the main tarmac road leading into the Rally; see map on page 9. Departure points for each ride, and any changes made since this programme went to press, will be displayed in the Rally HO (where route details can also be found) and on each of the departure boards. Riders must satisfy themselves that they and their machines are capable of the pace, distance and type of the organised rides. The Rally Committee, organisers and ride leaders can not be held responsible for riders who fail to do so.

SHOWERS Opening hours: Friday: 4 to 10 pm.

Saturday: 7 to 9:30 am, 2 to 5 pm, 7 to 9 pm. Sunday: 7 to 9:30 am. 12 to 3 pm. 5 to 6 pm.

CATERING Opening hours: Friday 6 pm to 9 pm.

Saturday: 7 am to 11 pm. Sunday: 7 am to 4 pm.

Opening hours: Saturday: 10.30 am to 11 pm. **BAR**

The Auction is in the Lounge tent at 3 pm on Saturday, with seller registration from 12:30 am and viewing 2 pm. Please note:

- This is a cash only sale: we have no card facilities and cannot accept cheques.

- Any cycling related item is welcome.

- There is a £2 fee per lot entered, payable by the seller in advance. In addition, 10% sellers and 10% buyer's fees will apply. So if hammer price is £100, buyer pays £110 and seller receives £90.

- Proceeds this year will be split 50/50 between the York Lions charity and York Rally funds.

- Finally, our thanks to the York Lions Club for their kind assistance!

CHILDREN'S DRAWING COMPETITION

We'll have paper and crayons etc. in the Rally HO for a children's drawing competition - all entries win prizes! Under 7, under 12 and under 16 categories, hand in at Rally HQ by midday Sunday. Prizes awarded 1pm Sunday at HQ. Entry completely free.

LOST PROPERTY

Please hand in any items to Rally HQ.

Friday 24th June

4.00 p.m. CAMPSITE: Campsite

6.30 p.m. PUB RIDE: Sustrans

sustrans

evening pub ride to Deighton/ Riccall, with fish and chips on the way! Leader Peter Huxford. a local volunteer Sustrans Ranger, says "The route is along the Solar System Greenway and quiet country roads. It's about 8 miles each way. Lights needed!"

11.00 p.m. CAMPSITE: Quiet please

after 11 pm.

Drawing competition

This year, the children's drawing competition is to draw the best bike you've seen at the Rally. Just go along to Rally HQ to enter - see left for details.



Photo: Saria Digregorio

What's on: Saturday

Saturday: Rides

Please note the general information about rides on page 3.

8.40 a.m. RIDE: 'B' Ride to Golden Acre, 61 miles, pace 10-13 mph, led by Elaine Davenport and Brett Hill.

RIDE: 'A' Ride to Fridaythorpe, 62 miles, pace 13–15mph, aim to return 1:30–2pm. Led by Lynn Bland.

9.00 a.m. RIDE: 'C' Ride to Terrington, 37 miles, led by Gary Knighton.

9.00 a.m. AU

8.50 a.m.

sustrans

11.30 a.m.

sustrans

1.30 p.m.

AUDAX RIDE: 100k. £7.50 entry fee. Registration required, available at Rally HQ Friday 6–10 pm. Check in at Rally HQ from 8am. For those who like a challenge and to get a badge for it. Audax UK regulations apply.

9.20 a.m. RIDE: 'E' Ride. Slow/family ride to Riccall, where the Methodist Church will be open with refreshments from 10AM to 1PM. 20 miles, self-led (ask for a map at HQ).

10.00 a.m. SUSTRANS RIDE: Super easy 'Eco' family ride to Naburn. "Traffic free eco ride to Naburn along the

Solar System Greenway with stops to see York's unique iridescent Tansy Beetle habitat, and Urban Buzz's wild flowers. Mid morning coffee and cakes at Brunswick Organic Nursery cafe. About 5 miles each way.

Visit www.yorkgreenways.org for more details.

SUSTRANS RIDE: This will be on the 'Way of the Roses' going to the National Trust's Beningborough Hall, 9 miles each way — largely traffic free but with a couple of miles on road. Should be there for lunch.

return around 3.30 PM.

RSF RIDE: To Dunnington (and maybe beyond!): about 20 mainly flat-ish miles using cycle tracks, bridleways and quiet lanes. We will have to cross some main roads. Refreshment stop en-route.

6.00 p.m.'VV' PUB RIDE: Bike Week easy pub ride (under five miles each way, almost entirely traffic free) to the Blacksmith Arms, Naburn. You will need lights, and to find your own way back! Maps provided.

Fancy joining a ride? All rides (except the Audax) are free to join – just turn up at the designated start point, which will be listed at Rally HQ. Please just make sure you and your bike are up to the ride: if in doubt, please do ask at HQ!

Saturday: Activities

10.30 a.m. All activities open:

TRADE SHOW CLUB DISPLAYS

DRAWING COMPETITION

11.00 a.m. GO-RIDE SKILLS AREA opens

12.30 p.m. GRASSTRACK: British Schools

Cycling Association Grasstrack meeting starts. Details: see opposite.

12.30 p.m. AUCTION: Seller registration open.

1 & 2 p.m. TALKS: see opposite and posters on

site.

2.00 p.m. AUCTION: Viewing (until 3 pm)

3.00 p.m. AUCTION: Selling starts! Expected to

end by 5 pm.

5.00 p.m. GO-RIDE SKILLS AREA: Closes.

6.00 p.m. All activities close:

TRADE SHOW CLUB DISPLAYS

DRAWING COMPETITION

6.00-7.30 p.m. TALKS: see opposite

7.30 p.m. THE FORESTERS: Live folk music

until around 10:30 pm in the main

marquee.

11.00 p.m. CAMPSITE: Quiet please after 11pm.

The Auction

The sale starts at 3PM on Saturday - proceeds this year will be split between the York Lions charity and Rally funds. Please see page 3 for further details.



Photo: Peter Elano

BSCA Champs at the Rally!

We are delighted to be hosting the British Schools Cycling Association's National and Yorkshire Regional Championships 2017.

SIGN ON: from 11:30 AM STARTS: from 12:30 AM

The event is expected to run until late afternoon, with three counting events.



For full details, rules of racing and how to take part, please visit the BSCA website: www.britishschoolscyclingassociation.com

Saturday: Talks

Many thanks to all of our speakers! Talks take place in the main marquee: see map on page 9.

1 pm: Electric Bikes, with Q&A

Find out all about the new electric-assist technology with John from the Electric Transport Shop in York. A tailwind for your bike!

2 pm: The Bishop of Selby

The Right Reverend Dr John Thomson, the Bishop of Selby, is known as the "Biking Bishop". His talk is titled **Bishop's Bike Blessings!**

5 pm: Chris Juden

Former CTC Technical Officer Chris Juden says: "The title of my talk will be **Choose Your Discipline!** in which I will discourse on how my mission during my time at the CTC was to provide some much-needed balance against the domination of cycle sport in all matters technical"

6 pm: Mark Waters

Experienced touring cyclist Mark Waters presents an illustrated account of cycle touring in Ireland: **An (almost) Irish End to End.**

6:45 pm: Wheelbuilding demo, Q&A

Spa Cycles' master wheelbuilder Dave Gall demonstrates how handbuilt wheels are made, and answers your wheelbuilding questions.

Refreshments at Riccall

Rides passing through Riccall usually stop off at the Methodist Church, where a local team have for many years offered a traditional spread to delight any Rally-goer's appetite. Any passing rider is very welcome to drop in from 10AM to 1PM on Saturday.

Let us entertain you



ABOVE: Bo Clown with his bike-based Punch and Judy. www.boclown.com

Photo: John Jackson

BELOW: The legendary Foresters folk band play the Lounge Marquee on Saturday night. This performance is generously sponsored by Cottingham Cycle Centre: www.cottinghamcyclecentre.co.uk



5 Photo Malcoli

What's on: Sunday

Sunday: Rides

Please note the general information about rides on page 7.



8.45 a.m. RIDE TO NABURN CHURCH: An all age worship service will take place at St Matthew's, Naburn, at 9:30 AM. A ride to the church will leave from the cycle path across the racetrack from the Knavesmire at 8.45 sharp - see map on page 8. There will also be a marshalled ride back after the service.

10.00 a.m. RSF RIDE: The Solar System from the Sun to Pluto – and back – all in an morning! A gentle easy going ride along York's famous Solar Cycle Path mainly on cycle tracks and a few guiet lanes. Meet at 10am - back for lunch! About 8 miles each way. Refreshment stop en-route. Leader

Geoff Smith.

11.30 a.m. BIKE BELLES RIDE: Café cycling ride to Naburn, kindly hosted by York Bike Belles. A leisurely jaunt down the Greenway to explore the cafes of Naburn - one at Brunswick Organic Nursery, a Trust Hut and one at Naburn Marina, All welcome. More on the York Bike Belles:

www.fb.com/yorkbikebelles

12.15 p.m. SUSTRANS VELODROME RIDE:



Ride to York's Sports Village where we hope to SUS**trans** catch a paracycling session or club racing on the velodrome. We'll also stop at the cafe. 5 miles or so each way, largely traffic free. Route back is along the Foss Island Greenway via the St Nicks Environment Centre: www.stnicks.org.uk

Sunday: Activities

10.00 a.m **SADDLEBAG SALE:** Sellers setting up. Tables £10, can be booked in advance at HO.

10.30 a.m. TRADE SHOW: Opens CLUB DISPLAYS: Open

SADDLEBAG SALE: Opens to buyers. 11.00 a.m. Entry free with show programme, else £1.

CYCLO CROSS: Under 14s 11.00 p.m. CYCLO CROSS: Over 14s 12.00 noon

12.00 noon **DRAWING COMPETITION:** Entries

close, judging starts.

1.00 p.m. **DRAWING COMPETITION: Prizes**

awarded (all entries win prizes!)

1.00 p.m. GO-RIDE: U16s skills sessions and mini races open.

1 p.m -3 p.m. TALKS: see posters for details.

GO-RIDE: Closes 4.00 p.m.

TRADE SHOW: Trade show closes 4.30 p.m.

CLUB DISPLAYS: Close

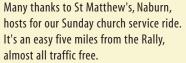
SURVIVORS' GATHERING: Informal 8.00 p.m.

> get-together in the central trade area for anyone still on site. Bring a BBQ if you have

11.00 p.m. **CAMPSITE:** Quiet please after 11 pm.

Please depart by 10AM on Monday morning.

Church service ride









Sunday: Yorkshire Cyclo-Cross

We're delighted to once again host the Yorkshire Cyclo-Cross Association and a round of the spectacular **Eleconline** Summer Series at the Rally. Entries are available on the day from the gazebo near the horse racing track (see map, page 16): Adults £10. Juniors £7. Under 16 £5. Under 14 £3. Entry includes chip timing. Racing starts 11:00 AM.

www.yorkshirecyclocross.com

Sunday: Talks

Many thanks to all of our speakers! Talks take place in the main marquee: see map on page 9.

12 pm: "Fellowship through Cycling"

Cycling and political thought have a long history, and Charles Jepson will explain more with an illustrated historic talk on the National Clarion Cycling Club and the wider Clarion movement.

1 pm: "...on a bike called Reggie"

Author Andrew Sykes from Halifax will speak on his travels, and on his writings in the form of the ...on a bike called Reggie series of cycle touring books, .covering his journeys criss-crossing Europe and beyond. More at www.apsykes.com

2 pm: Electric Bikes, with Q&A

Find out all about the new electric-assist technology with John from the Electric Transport Shop in York. A tailwind for your bike!

3 pm: Rough stuff recumbents

Photo: Robert Johnstone

Chris from Inspired Cycle Engineering explains how recumbent 'fattrikes' can be a new option for touring - even on extreme terrain.



Join the York Bike Belles

York Bike Belles is York's cycling community for women. They're taking a gentle ride down the Solar System Greenway on Sunday, exploring cafes as they go. All, of any gender, are very welcome to join. Find out more at: www.yorkbikebelles.community



Rough riding with the RSF

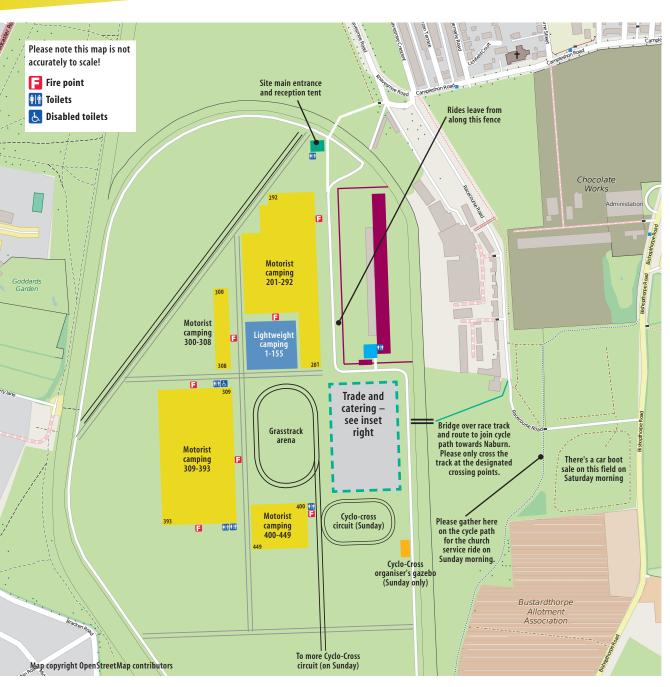
The RSF (Rough Stuff Fellowship) is an offroad cycling club: visit their display or join a ride to find out more. Their rides from the Rally on Saturday and Sunday use cycle tracks, bridleways and quiet lanes. www.rsf.org.uk

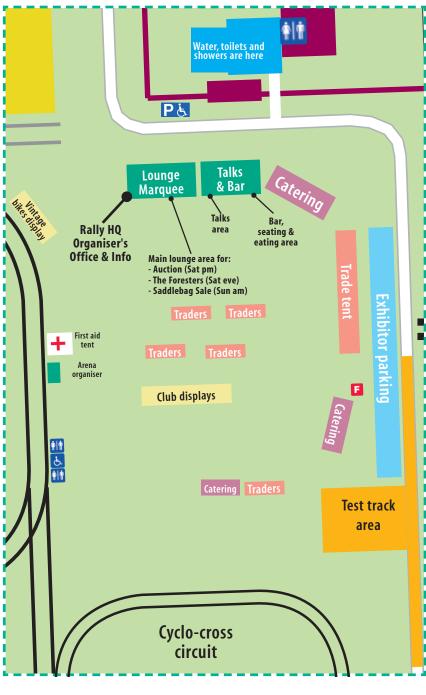


Saddlebag Sale

Our cycle jumble is traditionally known as the Saddlebag Sale, Sellers can set up from 10 AM, and buyers can enter from 11 AM. Entry is free with this show programme, otherwise £1.

2017 York Rally site plan





Cycle club and charity displays



Photo: Richard Yarwood

Our thanks to the following clubs for supporting the Rally with their displays:



British Human Power Club

Website: www.bhpc.org.uk

Bygone Bykes (Yorkshire) Club

Website: www.bygonebykes.weebly.com E-mail bbyc1967@btinternet.com

National Association of Veteran Cycle

Tel 01530 833 521 Website: www.navcc.co.uk

National Clarion Cycling Club 1895

Contact Charles Jepson. Tel 01254 51302 E-mail clarioncc@yahoo.co.uk



-mail info@ncvccc.co.uk Website www.ncvccc.co.uk



Tricycle Association

Website: www.tricycleassociation.co.uk

RSF Off-road cycling club (Rough Stuff Fellowship) Website: www.rsf.org.uk

Plan ahead:

Mildenhall Rally is now the Mildenhall Cycling Festival and back at 3 days: 26-28 August 2017. See www.mildenhallfestival.bike

Coxwold Cyclists' Service: 13th May 2018. Another historic Yorkshire cycling fixture. Search for it online or call Judy on 01904 761 112 for details.

Recycling: many thanks to St Nicks!

A big thank-you to the recycling team at St Nicks, whose recycling boxes, cargo trike and electric vehicle you may see on site helping manage the Rally's waste. They're part of the St Nicholas Fields eco charity, based at York Environment Centre, which

the Sustrans 'Velodrome ride' will visit on Sunday. Find out more at: www.stnicks.org.uk



Photo competition

Many thanks to all who entered the 2016 photo competition - your images of the Rally were superb, and you'll spot many of them in this show programme and on the website. They've been invaluable in promoting the Rally. Congratulations to the winners!

2016 Overall winner and U16 winner: Sammy Wolstenholme (on the front cover)





Photo Competition 2017: Once again we invite everyone attending the Rally to send us your images for our Photo Competition! You might win a prize but you will also be helping massively in our work to promote the event. We'd love some video entries this year alongside stills, but please do send us whatever you have, whether you think it's prize-winning or not! Please email to publicity@yorkrally.org or use the free wetransfer.com service if too large for email, by the end of August please if you'd like to to be entered in the competition. We'll use the images only to promote the Rally, and unless you request otherwise you'll always be credited as the photographer.







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2016 Runner-up

VeloCharger® – smartphone charger for bikes





- ♦ VeloCharger® the bicycle smartphone charging system
- ♦ Keep your phone charged even when using GPS
- Microprocessor controlled for maximum efficiency
- ♦ Easy to install quick to fit and remove for security
- ♦ Versions available for Hub and 'Bottle' dynamos
- USB socket for most phone charge cables
- Comes complete with dynamo cable and tie-wraps
- ♦ Maximum output 1.5A (Hub) 500mA ('Bottle')
- ♦ More details at www.velocharger.com

Designed in the UK by Adept Electronics Manufactured in the UK and Portugal

adeptelectronics@gmail.com

From the '50s...

Many thanks to John Thompson and Alan Bradley, who contacted the Rally with historic reports from the CTC magazine of the 1950s.

Alan Bradley writes:

"This was in an old CTC mag (1996) but it shows a tandem-towed cycle caravan at a much earlier Rally, the tenth anniversary event in 1954."



Faded memory: Reg Stone of Huddersfield snapped this unused outfit parked near the entrance to the Rally at the tenth anniversary event – in 1954. OK, so they don't make them like that any more, but can anybody supply the story





John Thompson writes:

"The report is from the 8th Rally, in 1952. My father, David Thompson of Ripon Wheelers, can be seen on the Old Ordinary (Penny Farthing) which he rode all the way from Ripon to the event, and then beat three other competitors in the Old Ordinary race on the day."

List of Exhibitors & Advertisers

Our thanks to the following companies for supporting the Rally with their displays:

Adept Electronics 23 St Martins Lane, Beckenham, Kent BR3 3XU Tel 0208 658 0024 or 07802 250 574 Website: www.adeptelectronics.co.uk

Fibrax Ltd Queensway, Wrexham LL13 8YR. Tel:01978 356 744 F-mail:info@fibrax.co.uk Website: www.fibrax.com

Get Cycling 22 Hospital Fields Road, York Y010 4DZ. Tel 01904 636812. Email: office@getcycling.org Web: www.getcycling.org

Ian Alexander He trades only at events.

Inspired Cycle Engineering Unit 15

Tregoniggie Industrial Estate, Falmouth TR11 4DH. Tel: 01326 378848 E-mail: sales@icetrikes.co Website: www.icetrikes.co

K2 Trading 86 Hykeham Road, Lincoln, Lincolnshire, LN6 8AB. Tel:01522827349

Margaret Allen Thermals They trade only at events

Spa Cycles 48a Camwal Road Harrogate HG1 4PT. Tel:01423 887003 E-mail: sales@spacycles.co.uk Website: www.spacycles.co.uk

The Electric Transport Shop (York) 32

Walmgate, York, Y019TJ. Tel:01904 623515. E-mail:tetsyork@gmail.com Website: www.electricbikesales.co.uk

Tudor Sports PO Box 10397, Leicester LE8 8WF. Tel: 07710 095 297 E-mail: info@tudorsports.co.uk Website: www.tudorsports.co.uk

Wilco Motosave Website: www.motosave.co.uk

Yellow Limited Bury Bank, Stone, Staffordshire ST15 0QA. Tel 01785 811810 E-mail: info@yellow-limited.com
Website: www.yellow-limited.com

Yourspokes & Poetry in Motion Cycles

Unit 1 Franklins Yard, 28a Fossgate, York, YO1 9TA. Tel: 07917698749 E-mail: dylan@yourspokes.co.uk Website: www.yourspokes.co.uk

In addition, the following organisations are supporting the Rally with advertising in the show programme, but they aren't at the event:

Cycle Heaven 31 Hospital Fields Road, York Y010 4FS. Tel 01904 636 578 E-mail info@cycle-heaven.co.uk Website www.cycle-heaven.co.uk

VeloVision magazine New publisher Simon Webb will be at the Rally in a VeloVision polo shirt - and on the 'VV' pub ride. Website www.velovision.com



Buy a badge

2017 badges, York Rally clothing and more are on sale at HQ, in the trade tent and at yorkrally.org



LEFT: A Rally visitor enjoys a test ride on a trike from regular trade show exhibitors Inspired Cycle Engineering, at the 2016 event. This image, by U16 entrant Lucy Andrews, only narrowly missed out on an award in the photo competition.

Photo: Lucy Andrey

3 Photo

Local info

Rally contact numbers

York Rally mobile: 07467 321 443

This number will be manned 24 hours throughout the Rally. For all non-emergency enquiries.

First Aid & Emergency: 07596 831 541

On-site emergency number, manned 24 hours throughout the Rally.

Co-operative petrol

station, Tadcaster Rd.

There's a post office in a shop just north of it

on Tadcaster Road, and

a good fish and chips

just to the south.

Tesco Extra super-

market with pharmacy.

petrol station and cash

points. By car, approach from roundabout on

Tadcaster Road. By bike you can also use

the pedestrian ramp opposite York College, making the ride from

entirely off road.

Local services

Useful numbers

Non-emergency police: 101

York Hospital: 01904 631313

Samaritans: 08457 90 90 90

NHS advice service: 111

Emergency: 999

Pharmacies: The one with longest opening hours is at Tesco Extra, YO24 1LW: open

Sat: 8am to 9pm. Sun: 10am to 4pm. See map. Follow the arrow for another.

Filling gas cylinders: There are several York area Calor Gas stockists but the closest is probably Morrisons supermarket petrol station on Foss Islands Road, YO31 7UL. Open 6am-10:30 Fri, Sat; 8am-8pm Sun.

Vets: Tower Vets have a surgery nearby (YO23 1NZ, see map) but it's only open 8:30-11am on Sat. Other branches in York open until 12 on Saturdays. Closed Sunday. Phone 01904 653961 or see www.towervets.co.uk

Local cycling contacts

Cycle shops: Too many to mention in York but the closest are probably:

- Cycle Heaven on Hospital Fields Road, across the Millennium Bridge (branches also at the train station and Bishopthorpe Road). Tel 01904 636 578, www.cycleheaven.co.uk
- Get Cycling are also close by on Hospital Fields Road: Tel 01904 636 812. Specialists in all abilities cycling. www.getcycling.org.uk
- For recycled bikes (or to donate a bike) visit **Bikerescue** at the Rally or at the Hub Station in Wellington Row (by Lendal Bridge): Tel 01904 733789 or see www.bikerescueproject.org.uk

Cycling cafes: We recommend **York Bike Shed** just inside Micklegate Bar, or Bicis y mas on Walmgate., or Cafe 68 at Cycle Heaven, Hospital Fields Road (where we've been holding our Rally meetings).

Follow Tadcaster Road into town and there's a Sainsbury's local supermarket on your left just before the cinema, with a cash point outside. There's also a pharmacy just across the road from Sainsbury's. The train station is in this direction too.

Blue track is York's Tower Vets South orbital cycle route. Bank surgery. Red track is Sustrans NCN Route 65 towards city centre. The Millennium Bridge Knavesmire shops: The corner shop opens late and will be the closest YORK RALLY place to get milk etc. There's also a baker, butcher, (both open Sat only) and a fish & chip shop (open 4:30 - 9:30 pm Sat & Sun) and a pub. the Rally (via Route 65) Map @ OpenStreetMap contri

> Red track is NCN Route 65 towards Naburn and Selby

VELOVISION magazine

The unconventional cycling magazine is back!

Issue 53 is in production and we are working hard to give you the magazine you lovel

Following the great work of Peter Eland & Howard Yeomans the publication has been taken over by Simon Webb, an enthusiastic cyclist who credits human powered transport as saving his life.

Simon will be touring York Rally in his VeloVision polo shirt, please feel free to say hello! Or of course you are welcome to join him on the Saturday evening ride to the pub!

info@velovision.com

"I'm delighted to hear that moves are underway to re-start VeloVision. There will always be an audience for a quality journal of innovative cycle design, documenting the cutting edge of human powered transport worldwide, and bringing together the wide community of cyclists who appreciate the diversity and potential of non-standard bikes. I wish Simon and the new team every success - they're taking on a demanding task but the rewards are great. I can't wait to read it again!"

Peter Eland, VeloVision Founder

Come Off - Road Cycling with the RSF the world's oldest off - road cycling club.

Join us on one of our rides at the York Rally.

Visit our stand in the marquee

Find us at www.rsf.org.uk





Big is beautiful

York's beautiful bike shop

Bikes, accessories, hire, repairs, servicing, sports therapy, bike fitting, coaching & Cafe 68

www.cycle-heaven.co.uk









